

SUNDAY / DOMINGO

1:00 PM 1HR Spiritual Awakening, First United Methodist Church, 9 Lakeside Avenue, Granite Falls, NC, 28630 **(O)**

6:30 PM 1HR Learning To Live Group, Christ Church - Fairgrove, Back parking lot, Building behind cemetery, 1800 Fairgrove Church Rd SE, Conover, NC, 28613 **(O,Rr)**

8:00 PM 1HR Clean and Serene Group, St. Aloysius Lutheran Church, 921 2nd Street NE, Hickory, NC, 28601 **(O,RF)**

MONDAY / LUNES

NOON 1HR Just for Today Group, St. Luke's United Methodist Church, 52 16th Avenue North West, Hickory, NC, 28601 **(O,WC,RF)**

6:30 PM 1HR The Newcomer Group, Christ Church - Fairgrove, Back parking lot, Building behind cemetery, 1800 Fairgrove Church Road SE, Conover, NC, 28613 **(O,BEG,B,V,1st,NEW)**

7:00 PM 1HR No Matter What Group, Holy Trinity Lutheran Church, 547 6th Street NW, Hickory, NC, 28601 **(O,D,WC,To)**

8:00 PM 1HR End Of The Road Group, Grace Baptist Church, 719 Club Drive, Statesville, NC, 28677 **(O,WC,RF)**

TUESDAY / MARTES

NOON 1HR Just for Today Group, St. Luke's United Methodist Church, 52 16th Avenue North West, Hickory, NC, 28601 **(O,WC,RF)**

6:30 PM 1HR Visions of Hope, Shiloh Lutheran Church, 1011 Shiloh Lutheran Church Road, Hickory, NC, 28601

7:00 PM 1HR No Matter What Group, Holy Trinity Lutheran Church, 547 6th Street NW, Hickory, NC, 28601 **(O,BT,WC)**

WEDNESDAY / MIÉRCOLES

NOON 1HR Just for Today Group, St. Luke's United Methodist Church, 52 16th Avenue North West, Hickory, NC, 28601 **(O,WC,RF)**

6:30 PM 1HR The Promise Is Freedom, Chloe Waldrop Taylor Center, 112 2nd Ave SE, Hickory, NC, 28602 **(O,WC)**

8:00 PM 1HR Clean and Serene Group, St. Luke's Lutheran Church, Masks Required, 3916 Springs Road, Conover, NC, 28613 **(O,D,WC,RF)**

8:00 PM 1HR Grateful We Ain't Dead, Corinth Reformed Church, 150 16th Ave NW, Hickory, NC, 28601 **(C)**

THURSDAY / JUEVES

NOON 1HR Just for Today Group, St. Luke's United Methodist Church, 52 16th Avenue North West, Hickory, NC, 28601 **(O,WC,RF)**

6:30 PM 1HR Carry The Message Group, MT. PISGAH LUTHERAN CHURCH, Masks Required. Use back church entrance., 9379 NC-127, Hickory, NC, 28681 **(O,WC,RF)**

7:00 PM 1HR No Matter What Group, Holy Trinity Lutheran Church, 547 6th Street NW, Hickory, NC, 28601 **(O)**

FRIDAY / VIERNES

NOON 1HR Just for Today Group, St. Luke's United Methodist Church, 52 16th Avenue North West, Hickory, NC, 28601 **(O,WC,RF)**

6:30 PM 1HR The Promise Is Freedom, Chloe Waldrop Taylor Center, 112 2nd Ave SE, Hickory, NC, 28602 **(O)**

8:00 PM 1HR End Of The Road Group, Grace Baptist Church, 719 Club Drive, Statesville, NC, 28677 **(O,WC,RF)**

8:00 PM 1HR Keep Hope Alive Group, Morning Star Baptist Church, 126 4th Avenue SW, Hickory, NC, 28602 **(O,WC,RF)**

8:00 PM 1HR Grateful We Ain't Dead, Corinth Reformed Church, 150 16th Ave NW, Hickory, NC, 28601 **(C)**

SATURDAY / SÁBADO

10:00 AM 1HR Hope For The Hopeless Group, A Place To Talk Church, 1546 Brookford Church Road, Brookford, NC, 28602 **(O,WC,RF)**

6:30 PM 1HR Living Clean Group, Abernethy Memorial Child Development Center, 1220 N. Shipp Avenue, Newton, NC, 28658 **(O,RF)**

8:30 PM 1HR Just for Today Group, St. Luke's Methodist Church, 52 16th Avenue North West, Hickory, NC, 28601 **(O,WC,RF)**

Meeting Format Legend

1st	(First Step) First Step
B	(Beginners) This meeting is focused on the needs of new members of NA.
BEG	(Beginners) This meeting is focused on the needs of new members of NA.
BT	(Basic Text) This meeting is focused on discussion of the Basic Text of Narcotics Anonymous.
C	(Closed to Non-Addicts) This meeting is closed to non-addicts.
D	(Discussion) This meeting invites participation by all attendees.
NEW	(Newcomer Meeting) Newcomer meetings are often conducted by two or three of the group's more experienced members to share their experience with recovery.
O	(Open) This meeting is open to addicts and non-addicts alike. All are welcome.
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RF	(Rotating Format) This meeting has a format that changes for each meeting.
Rr	(Round Robin) This meeting has a fixed sharing order (usually a circle.)
To	(Topic) This meeting is based upon a topic chosen by a speaker or by group conscience.
V	(Varies) Format Varies
WC	(Wheelchair) This meeting is wheelchair accessible.

Basic Suggestions

Don't Use No Matter What

Don't Go Around People,
Places, and Things

Go To 90 Meetings in 90 Days

Get and Use an NA Sponsor

Get and Read NA Literature

Bring NA Literature to
Meetings

Get A Home Group and Be
Active

Get Involved With Service

Get and Use Phone Numbers

Build a Recovery Network

Keep Coming Back

Meetings Weekly: 25

PHONE NUMBERS

What is our message?
The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.

Basic Text, page 65

CATAWBA VALLEY AREA Narcotics Anonymous



SEPTEMBER 2021

**24 HOUR HELPLINES
CATAWBA VALLEY AREA**

1(866)611-3650

Foothills Area - Hotline
1-888-593-5356

Lake Norman Area - Hotline
1-877-424-5397

Twin City Area - Hotline
1-800-365-1035



catawbavalleyareana.org
www.crna.org