# SUNDAY / DOMINGO

#### Spiritual Awakenings, 1:00 PM - 2:00 PM

First United Methodist Church, 9 Lakeside Avenue, Granite Falls, NC, 28630 (**O**)

#### Learning To Live, 5:30 PM - 6:30 PM

Christ Church - Fairgrove, Back parking lot, Building beside cemetery, 1800 Fairgrove Church Rd SE, Conover, NC, 28613 (O,RR)

## Clean and Serene, 8:00 PM - 9:00 PM

St. Aloysius Catholic Church, 921 2nd Street NE, Hickory, NC, 28601 (O,RF)

#### **MONDAY / LUNES**

#### Just for Today, 12:00 PM - 1:00 PM

St. Luke's United Methodist Church, 52 16th Avenue NW, Hickory, NC, 28601 (O,WC,RF)

#### Never Alone, 6:30 PM - 7:30 PM

Christ Church - Fairgrove, Back parking lot, building beside cemetery., 1800 Fairgrove Church Road SE, Conover, NC, 28613 (O)

#### No Matter What, 7:00 PM - 8:00 PM

Holy Trinity Lutheran Church, 547 6th Street NW, Hickory, NC, 28601 (O,WC,RF)

#### Principles Before Personalities, 7:00 PM - 8:00 PM

Holy Cross Lutheran Church, Building behind the church., 2639 NC 150, Lincolnton, NC, 28092 (O)

#### Carry The Message, 8:00 PM - 9:00 PM

MT. Olive Lutheran Church, 2780 North Center St., Hickory, NC, 28601 (O,WC,RF)

# TUESDAY / MARTES

#### Just for Today, 12:00 PM - 1:00 PM

St. Luke's United Methodist Church, Test, 52 16th Avenue NW, Hickory, NC, 28601 (O,WC,RF)

#### Visions of Hope, 6:30 PM - 7:30 PM

Shiloh Lutheran Church, 1011 Shiloh Lutheran Church Road, Hickory, NC, 28601 (**O**)

# TUESDAY / MARTES (CONT)

#### No Matter What, 7:00 PM - 8:00 PM

Holy Trinity Lutheran Church, 547 6th Street NW, Hickory, NC, 28601 (**O,BT,WC,RF**)

# WEDNESDAY / MIÉRCOLES

#### Just for Today, 12:00 PM - 1:00 PM

St. Luke's United Methodist Church, 52 16th Avenue NW, Hickory, NC, 28601 (**O,WC,RF**)

#### The Promise Is Freedom. 6:30 PM - 7:30 PM

Chloe Waldrop Taylor Center - Safe Harbor, Downstairs, 112 2nd Ave SE, Hickory, NC, 28602 (**O,WC**)

#### Grateful We Ain't Dead, 8:00 PM - 9:00 PM

Corinth Reformed Church, POTS House left of church., 150 16th Ave NW, Hickory, NC, 28601 (C)

## THURSDAY / JUEVES

#### Just for Today, 12:00 PM - 1:00 PM

St. Luke's United Methodist Church, 52 16th Avenue NW, Hickory, NC, 28601 (**O,WC,RF**)

# Carry The Message, 6:30 PM - 7:30 PM

MT. Olive Lutheran Church, 2780 North Center St., Hickory, NC, 28601 (O,WC,RF)

#### No Matter What, 7:00 PM - 8:00 PM

Holy Trinity Lutheran Church, 547 6th Street NW, Hickory, NC, 28601 (O.WC,RF)

#### Principles Before Personalities, 8:00 PM - 9:00 PM

Holy Cross Lutheran Church, Building behind the church., 2639 NC 150, Lincolnton, NC, 28092 (**O**)

#### FRIDAY / VIERNES

#### Just for Today, 12:00 PM - 1:00 PM

St. Luke's United Methodist Church, 52 16th Avenue NW, Hickory, NC, 28601 (**O,WC,RF**)

#### The Promise Is Freedom, 6:30 PM - 7:30 PM

Chloe Waldrop Taylor Center - Safe Harbor, Downstairs, 112 2nd Ave SE, Hickory, NC, 28602 (**O**)

#### Grateful We Ain't Dead, 7:00 PM - 8:00 PM

Corinth Reformed Church, POTS House left of church., 150 16th Ave NW, Hickory, NC, 28601 (C)

#### FRIDAY / VIERNES (CONT)

#### Keep Hope Alive, 8:00 PM - 9:00 PM

St. Luke's United Methodist Church, 52 16th Ave NW Youth Room @ Front, Hickory, NC, 28601 (**O,WC,RF**)

# SATURDAY / SÁBADO

#### Hope For The Hopeless, 10:00 AM - 11:00 AM

A Place To Talk Church, 1546 Brookford Church Road, Brookford, NC, 28602 (O,WC,RF)

#### Grateful We Ain't Dead, 12:00 PM - 1:00 PM

Corinth Reformed Church, POTS house left of church., 150 16th Ave NW, Hickory, NC, 28601 (C)

#### Living Clean, 6:30 PM - 7:30 PM

Abernethy Memorial Child Development Center, Upstairs, 1220 N. Shipp Avenue, Newton, NC, 28658 (**O,RF**)

#### Just for Today, 8:30 PM - 9:30 PM

St. Luke's Methodist Church, 52 16th Avenue NW, Hickory, NC, 28601 (O,WC,RF)

Meetings Weekly: 26

MEETING FORMAT LEGEND			
RR	Round Robin	О	Open
С	Closed to Non-Addicts	WC	Wheelchair
BT	Basic Text	RF	Rotating Format

<b>Basic Suggestions</b>	PHONE NUMBERS
Don't Use No Matter What	
Don't Go Around People, Places, and Things	
Go To 90 Meetings in 90 Days	
Get and Use a NA Sponsor	
Get and Read NA Literature	
Bring NA Literature to Meetings	
Get A Home Group and Be Active	
Get Involved with Service	
Get and Use Phone Numbers	
Build a Recovery Network	
<b>Keep Coming Back</b>	
What is our message?  The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.	

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# CATAWBA VALLEY AREA NARCOTICS ANONYMOUS



Updated October 2025

# **24 HOUR HELPLINE**



**Catawba Valley Area** 1-866-611-3650

**Foothills Area** 1-877-216-2622

**Lake Norman Area** 1-877-424-5397

**Twin City Area** 1-800-365-1035

www.CatawbaValleyAreaNA.org